

WASHINGTON STATE 2007 WOMEN'S INDOOR BESTS

(NCAA Automatic / Provisional Qualifying Standards)

60 METERS 7.27/7.44	2007	LIFETIME
Princess Joy Griffey	7.47 (k)	7.47 FSR
La Shawnda Porter-Red	7.77 (b)	7.70

60-M HURDLES 8.15/8.43	2007	LIFETIME
# Diana Pickler	8.26 (e)	8.26 SR
Julie Pickler	8.71 (e)	8.58
Angelica Flynn	8.98 (k)	8.98

200 METERS 23.30/23.90	2007	LIFETIME
Princess Joy Griffey	24.46 (f)	24.46
La Shawnda Porter-Red	24.93 (g)	24.58
Brandi Probasco-Canda	25.07 (g)	24.99
Selena Galaviz	25.88 (g)	25.88
Nicole McClendon	25.90 (g)	25.28
Lorraine King	25.95 (g)	25.95
Jeanne Newman	26.40 (g)	26.40

400 METERS 52.40/54.40	2007	LIFETIME
Brandi Probasco-Canda	55.56 (e)	55.38
Lorraine King	56.69 (k)	56.69
Selena Galaviz	57.36 (c,f)	57.36
Nicole McClendon	58.57 (f)	57.52
Lisa Egami	60.82 (a)	60.82
Sara Trané	61.55 (c)	58.66
Jeanne Newman	61.74 (g)	61.74

800 M 2:05.20/2:09.00	2007	LIFETIME
Lisa Egami	2:11.55 (k)	2:11.55
Sara Trané	2:15.24 (e)	2:10.49
Karen DeMartini	2:18.50 (b)	2:15.84
Diana Pickler	2:21.56 (b)	2:21.56
Julie Pickler	2:21.62 (b)	2:17.48
Marisa Sandoval	2:22.91 (a)	2:19.63
Piper Marshall	2:28.29 (b)	2:28.29
Nicole McClendon	2:29.01 (a)	2:29.01
Haley Paul		2:14.40

MILE^ 4:40.00/4:48.00	2007	LIFETIME
Karen DeMartini	4:56.73 (e)	4:56.73
Meghan Leonard	4:57.60 (e)	4:57.60
Haley Paul	5:03.09 (b)	4:52.95
Sara Trané	5:04.02 (a)	5:04.02
Isley Gonzalez	5:04.38 (b)	4:58.23
Marisa Sandoval	5:05.28 (e)	4:59.84
Collier Lawrence	5:06.01 (a)	5:06.01
Lisa Egami	5:07.32 (b)	5:07.32
Chelsea VanDeBrake	5:13.68 (a)	5:13.68
Piper Marshall	5:40.18 (a)	5:40.18

3000 M^ 9:15.00/9:34.00	2007	LIFETIME
Isley Gonzalez	9:49.94 (k)	9:49.94
Haley Paul	9:49.95 (e)	9:39.31 SR
Meghan Leonard	9:53.61 (k)	9:53.61
Collier Lawrence	10:03.17 (b)	9:51.81
Kelly Ramirez	10:11.72 (e)	10:11.72
Chelsea VanDeBrake	10:14.27 (e)	10:14.27

5000 M^ 16:08.00/16:42.00	2007	LIFETIME
Kelly Ramirez	17:43.95 (k)	17:38.02
Chelsea VanDeBrake	17:45.83 (k)	17:45.83 FSR

1600-METER RELAY 3:33.00/3:40.00	2007
D. Pickler, Probasco-Canda, J. Pickler, King	3:40.81 (k)

DIST. MED. RELAY 11:11.00/11:32.00	2007
Egami, Galaviz, Trané, Paul	11:48.50 (c) SR

HIGH JUMP 1.84m / 1.78m [6-0 1/2 / 5-10]	2007	LIFETIME
# Diana Pickler	1.82m/ 5-11 1/2 (k)	1.82m/ 5-11 1/2
Julie Pickler	1.72m/ 5-7 3/4 (b,k)	1.76m/ 5-9 1/4
McKinnon Hanson	1.65m/ 5-5 (a)	1.70m/ 5-7
Natasha Montgomery	1.48m/ 4-10 1/4 (b)	1.48m/ 4-10 1/4

POLE VAULT 4.20m / 3.95m [13-9 1/4 / 12-11 1/2]	2007	LIFETIME
Kendall Mays	3.55m/ 11-7 3/4 (b,d)	3.55m/ 11-7 3/4
Jessica Fuller	3.40m/ 11-1 3/4 (a,b)	3.40m/ 11-1 3/4
Chelsea Nicholas	3.10m/ 10-2 (d)	3.10m/ 10-2

WSU 2007 FINAL WOMEN'S INDOOR BESTS - 2

LONG JUMP 6.40m / 6.10m [21-0 / 20-0 1/4]

	<u>2007</u>	<u>LIFETIME</u>
Diana Pickler	6.02m/ 19-9 (k)	6.02m/ 19-9
Catie Schuetzle	5.93m/ 19-5 1/2 (k)	5.93m/ 19 5 1/2
Julie Pickler	5.89m/ 19-4 (k)	5.96m/ 19-6 3/4
Sarah Burns	5.11m/ 16-9 1/4 (e)	5.37m/ 17-7 1/2

TRIPLE JUMP 13.30m / 12.65m [43-7 3/4 / 41-6]

	<u>2007</u>	<u>LIFETIME</u>
Sarah Burns	12.62m/ 41-5 (k)	12.62m/ 41-5
Kaylee Gardner	12.29m/ 40-4 (k)	12.29m/ 40-4
Catie Schuetzle	11.81m/ 38-9 (e)	11.90m/ 39-0 1/2
Amy Quinones	11.18m/ 36-8 1/4 (f)	11.18m/ 36-8 1/4

SHOT PUT 16.90m / 15.20m [55-5 1/2 / 49-10 1/2]

	<u>2007</u>	<u>LIFETIME</u>
# McKen. Garberg	15.27m/ 50-1 1/4 (c)	15.27m/ 50-1 1/4
Jessica Zita	13.75m/ 45-1 1/2 (a)	14.34m/ 47-0 3/4
Diana Pickler	11.57m/37-11 1/2 (b)	11.59m/ 38-0 1/4
Julie Pickler	11.29m/ 37-0 1/2 (g)	11.83m/ 38-9 3/4

20# WEIGHT 21.00m / 19.00m [68-10 3/4 / 62-4]

	<u>2007</u>	<u>LIFETIME</u>
Jessica Zita	15.05m/ 49-4 1/2 (b)	15.18m/ 49-9 3/4

DISCUS 2007 LIFETIME

McKenzie Garberg	47.72m/ 156-7 (f)	47.72m/ 156-7
Jessica Zita		43.68m/ 434-4

PENTATHLON 4,050 pts / 3,700 points

	<u>2007</u>	<u>LIFETIME</u>
* Diana Pickler	4260 (b)	4260 points
(b= 60mH - 8.35, HJ - 1.78m/5-10, SP - 11.57m/37-11 1/2, LJ - 5.91m/19-4 3/4, 800m - 2:21.56)		

# Julie Pickler	4003 (b)	4267 points SR
(PR=60mH - 8.58, HJ - 1.76m/5-9 1/4, SP - 11.83m/38-9 3/4, LJ - 5.94m/19-6, 800m - 2:17.48)		

* = NCAA indoor automatic qualifier.

= NCAA indoor provisional qualifier.

\$ = NCAA Participant.

SR = WSU school record

FSR = WSU freshman school record

Only NCAA automatic and provisional qualifying standards listed.

Meet Legend

- a WSU Open, 1/19-20, Pullman
- b Cougar Indoor, 1/26-27, Pullman
- c @ Husker Invite, 2/2-3, Lincoln
- d @ McDonald's Collegiate, 2/2-3, Moscow
- e @ Husky Classic, 2/10, Seattle
- f @ Vandal Indoor, 2/16, Moscow
- g @ Moscow McDonald's Open, 2/17, Moscow
- k @ Mountain Pacific Sports Federation Championships, 2/23-24, Seattle
- Team Scores: Arizona State 135, Stanford 96, California 80, Washington 73.5, Arizona 73.5, WSU 72, Oregon 65.5, UCLA 40.5, Long Beach State 15, UC Irvine 8
- m @ NCAA Last Chance Qualifier, 3/3, Seattle
- \$ @ NCAA Indoor Track & Field Championships, 3/9-10, Fayetteville, Arkansas

Revised: 2/25/07

WASHINGTON STATE 2007 MEN'S INDOOR BESTS

(NCAA Automatic / Provisional Qualifying Standards)

60 METERS 6.62/6.74 **2007** **LIFETIME**

Justin Woods	6.73 (k)	6.73
Jaycee Robertson	6.80 (b,e,k)	6.80
Devin Timpson	6.99 (f)	6.99
Sadiki James	7.05 (e)	7.05
Kyle Schauble	7.12 (b)	7.12
Rickey Moody	7.15 (k)	7.01
Brian Woods	7.19 (b)	7.03
Jarrell Nelson (Unat)	7.07 (f)	6.89

60-M HURDLES 7.70/7.91 **2007** **LIFETIME**

Robert Williams	8.09 (b)	8.09
Kyle Schauble	8.36 (b)	8.36
Rickey Moody	8.58 (a)	8.58
Barry Leavitt	8.58 (c)	8.40
Justin Chambers	9.01 (a)	9.01

200 METERS 20.83/21.23 **2007** **LIFETIME**

# Justin Woods	21.23 (f)	21.23
Jaycee Robertson	21.34 (f)	21.34
Brian Woods	22.42 (b)	22.02
Sadiki James	22.71 (f)	22.71

400 METERS 46.05/47.25 **2007** **LIFETIME**

Reny Follett	48.56 (f)	48.56
Bob Hewitt-Gaffney	50.07 (b)	50.07
Devin Timpson	50.15 (g)	49.44
Brian Woods	50.33 (a)	49.45
Luke Lemenager	51.15 (a)	51.15
Barry Leavitt	51.91 (c)	50.10

800 M 1:47.80/1:49.90 **2007** **LIFETIME**

Bob Hewitt-Gaffney	1:51.79 (k)	1:51.79 FSR
Luke Lemenager	1:53.24 (e)	1:53.24
Chris Concha	1:57.23 (a)	1:57.23
Sam Stone	1:57.85 (b)	1:56.99
Reny Follett	1:59.79 (a)	1:59.79

MILE^ 3:59.00/4:04.00 **2007** **LIFETIME**

Chris Concha	4:12.19 (k)	4:12.19
Andrew Jones	4:13.21 (c)	4:13.21
Dominic Smargiassi	4:22.68 (b)	4:22.68
Chris Williams	4:27.98 (a)	4:27.98
Derry Betts	4:28.25 (b)	4:28.25
Evan Blanshan (unat)	4:31.74 (e)	4:16.39

3,000 M^ 7:54.00/8:05.00 **2007** **LIFETIME**

Andrew Jones	8:20.69 (k)	8:14.92
Chris Concha	8:33.60 (e)	8:23.90
Chris Williams	8:35.00 (e)	8:22.50
Dominic Smargassi	8:35.04 (e)	8:35.04
Dan Geib	8:38.93 (e)	8:38.93
Derry Betts	8:59.64 (e)	8:59.64

5,000 M^ 13:48.00/14:10.00 **2007** **LIFETIME**

Woody Favinger	14:39.72 (e)	14:39.72
Chris Williams	14:57.97 (k)	14:57.97
Dan Geib	14:59.71 (k)	14:59.71

1600-METER RELAY 3:06.50/3:10.40 **2007**

Timpson, Follett, Robertson, R. Williams	3:15.16 (k)
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Schauble, Follett, Hewitt-Gaffney, Lemenager	3:17.11 (e) FSR
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DIST. MEDLEY RELAY^+9:34.00/9:45.70 **2007**

Lemenager, Follett, Hewitt-Gaffney, Concha	10:05.32 (c)
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HIGH JUMP /2.24m / 2.16m [7-4 1/4 / 7-1]

	2007	LIFETIME
Trent Arrivey	2.06m/ 6-9 (c)	2.06m/ 6-9
Kyle Eaton	2.00m/ 6-6 3/4 (b,e)	2.05m/ 6-8 3/4
Rickey Moody	1.90m/ 6-2 3/4 (e)	1.90m/ 6-2 3/4
Kyle Schauble	1.83m/ 6-0 (g)	1.83m/ 6-0

POLE VAULT /5.50m / 5.20m [18-0 1/2 / 17-0 3/4]

	2007	LIFETIME
# Tyson Byers	5.32m/ 17-5 1/2 (k)	5.37m/ 17-7 1/4
DJ Brown	4.61m/ 15-1 1/2 (f)	4.61m/ 15-1 1/2
Kyle Schauble	3.80m/ 12-5 1/2 (b)	3.80m/ 12-5 1/2
Rickey Moody	3.46m/ 11-4 1/4 (k)	3.46m/ 11-4 1/4
Josh Winters (unat)		NH

LONG JUMP 7.85m / 7.50m [25-9 1/4 / 24-7 1/4]

	2007	LIFETIME
Rickey Moody	7.01m/ 23-0 (k)	7.01m/ 23-0
Kyle Schauble	6.94m/ 22-9 1/4 (a)	6.94m/ 22-9 1/4
Moreno Zapata	6.75m/ 22-1 3/4 (b)	6.75m/ 22-1 3/4
Justin Chambers	5.80m/ 19-0 1/2 (a)	5.80m/ 19-0 1/2

WSU 2007 FINAL MEN'S INDOOR BESTS - 2

TRIPLE JUMP 16.10m / 15.40m [52-10 / 50-6 1/4]

	<u>2007</u>	<u>LIFETIME</u>
Moreno Zapata	14.83m/ 48-8 (e)	14.83m/ 48-8

SHOT PUT 19.30m / 17.75m [63-4 / 58-3]

	<u>2007</u>	<u>LIFETIME</u>
Matt Lamb	17.02m/ 55-10 1/4 (a)	17.02m/ 55-10 1/4
Drew Ulrick	16.51m/ 54-2 (b)	16.51m/ 54-2
Vic Asher	16.26m/ 53-4 1/4 (f)	16.26m/ 53-4 1/4
Rickey Moody	14.48m/ 47-6 1/4 (a)	14.48m/ 47-6 1/4
J. Chambers	11.51m/ 37-9 1/4 (a)	11.51m/ 37-9 1/4
Kyle Schauble	9.71m/ 31-10 14 (k)	9.71m/ 31-10 1/4

35# WEIGHT 21.50m / 19.50m [70-6 1/2 / 63-11 3/4]

	<u>2007</u>	<u>LIFETIME</u>
Chase Mancuso	16.61m/ 54-6 (k)	16.61m/ 54-6
Vic Asher	15.49m/ 50-10 (g)	15.49m/ 50-10

DISCUS 2007 LIFETIME

	<u>2007</u>	<u>LIFETIME</u>
Matt Lamb	58.31m/ 191-4 (d)	58.31m/ 191-4
Drew Ulrick	56.42m/ 185-1 (f)	56.42m/ 185-1
Tony Moser	38.93m/ 127-9 (d)	38.93m/ 127-9

HEPTATHLON 5,650 pts. / 5,300 pts

	<u>2007</u>	<u>LIFETIME</u>
Rickey Moody	5003 (k)	5003
(k= 60m - 7.15, LJ - 7.01m/23-0, SP - 14.40m/47-3, HJ - 1.89m/6-2 1/4, 60m H - 8.61, PV - 3.46m/11-4 1/4, 1000m - 3:07.51)		

Kyle Schauble	4974 (b)	4974
(b= 60m - 7.12, LJ - 6.85m/22-5 3/4, SP - 9.69m/31-9 1/2, HJ - 1.79m/5-10 1/2, 60m H - 8.36, PV - 3.80m/12-5 1/2, 1000m - 2:45.36)		

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- g @ Moscow McDonald's Open, 2/17, Moscow
- k @ Mountain Pacific Sports Federation Championships, 2/23-24, Seattle
- Team Scores: Washington 109, Arizona 88, Oregon 86, Stanford 79.5, Arizona State 79, California 64, WSU 63.5 Long Beach State 50, UCLA 35
- m @ NCAA Last Chance Qualifier, 3/3, Seattle
- \$ @ NCAA Indoor Track & Field Championships, 3/9-10, Fayetteville, Arkansas

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